LIVE STREAMING

If you're going to be gone on a Sunday download our app to listen via live stream at 8:30 and 9:45 a.m. You can also subscribe to our podcast via **iTunes** or **Google play**.

THOUGHTS FOR TODAY

11

SERMON SERIES

Unbinding Your Heart:
40 Days of Prayer and Faith Sharing
"Catalytic Conversations"
~ John 4: 7-10, 25-30 (CEB)

A Samaritan woman came to the well to draw water. Jesus said to her, "Give me some water to drink." His disciples had gone into the city to buy him some food.

The Samaritan woman asked, "Why do you, a Jewish man, ask for something to drink from me, a Samaritan woman?" (Jews and Samaritans didn't associate with each other.)

Jesus responded, "If you recognized God's gift and who is saying to you, 'Give me some water to drink,' you would be asking him and he would give you living water."

The woman said, "I know that the Messiah is coming, the one who is called the Christ. When he comes, he will teach everything to us."

Jesus said to her, "I Am—the one who speaks with you."

Just then, Jesus' disciples arrived and were shocked that he was talking with a woman. But no one asked, "What do you want?" or "Why are you talking with her?" The woman put down her water jar and went into the city. She said to the people, "Come and see a man who has told me everything I've done! Could this man be the Christ?" They left the city and were on their way to see Jesus.

NEXT WEEK

18

SERMON SERIES

Unbinding Your Heart:
40 Days of Prayer and Faith Sharing
"Healing Hospitality"
~ Mark 2: 1-12 (CEB)

The church is the house of the Lord. So how are we doing? Do we welcome guests into Jesus' house or do we put up barriers?

FIRST CHURCH FAMILY

HOSPITAL/ MEDICAL CENTER

- Dale Harris
- Harold Miller
- James Smalley
- Fred Lovrien

HOSPICE

- Delbert Heesch
- Priscilla Hoppel

DEATHS

- Shirley Weeks-Frevik
- Edith Lamp *(mother of Ben (Laurie) Lamp)*
- Ila Ramsell Haskell *(mother of Sondra (Ron) Kimball)*
- Josephine Corley *(mother of Jeannine (Carroll) Huffer)*

PRAYER CONCERNS

- Mary Chaplin family
- Family of Edith Lamp
- Betty Erwin
- Virginia LaFortune *(sister of Charlotte Evans)*
- Logan and Sachiko Evans *(grandson and wife of Charlotte Evans)*
- Lynda Bennett *(sister of Sherrey (Chuck) Kellogg)*
- Judy
- Mrs. VanBrisen *(Kinsey Lovrien's teacher's mom)*
- Kent *(brother of Carleen (Russ) Hovendick)*
- Elliot
- Carly Buchanan *(granddaughter of JoAnn Buchanan)*
- Lora Barthelman
- Jean Clem
- Sue *(sister of Terry Prendergast)*

Each week, prayer requests submitted through Prayer Cards are lifted up in prayer by our Prayer Team. Please check the box on the Prayer Card to have your prayer listed here. Prayers will be listed for one month.

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FIRST United Methodist Church
401 S. Spring Avenue
Sioux Falls, SD 57104-4398
605-336-3652 • sfumc.org

News and Events

March 11, 2018

Unbinding Your Heart

OUR MISSION: We exist to make disciples of Jesus Christ for the transformation of the world.
We do this by being a sanctuary of Christian hope, love and encouragement in the heart of Sioux Falls.

We are halfway through our Unbinding Your Heart small group study. Thank you to our group leaders and the 160+ participants who are learning and growing in their faith this Lenten season.

NEW HERE?

Welcome! Please fill out the Connect Card to let us know you are here. Our Connections Team (in the purple shirts) is here to help you if you can't find something and answer any questions you have. Please enjoy coffee and continental breakfast items in both the Wesley Dining Hall and Lewis Friendship Room.

WORSHIP WITH US

Sunday Worship
8:30 a.m. — Traditional Service in the Sanctuary
9:45 a.m. — Unity Service in the Sanctuary
11 a.m. — The Light Service in the Chapel

Wednesday Worship
6:30 p.m. — Ignite

GUEST INFORMATION

Information Center — Stop by the Information Center to learn more about First UMC and all of it's events and activities.

Family Cry Room — Located at the back of the Sanctuary.

Listening Devices — Listening devices available in the church office.

Library Hours — Sundays, 9:15-11 a.m. and Wednesdays, 6-8 p.m.

Children's Church — Meets during the 11 a.m. service.

Nursery Hours — Nursery care is available for ages 0-3. Located in the west hallway. 8:15 a.m. - 12:15 p.m.

Sunday School — Children - 9 a.m. | Youth - 9 and 10 a.m.

ANNOUNCEMENTS

- Triple F — Saturday, Mar 24, 4 p.m., Habitat for Humanity. Contact the Greens at greendm@midco.net or the Shields at ardenjuneshields@yahoo.com. Dinner to follow.
- There are still hundreds of items needed for Mayday Sioux Falls. Pick up a donation list at the display near the Information Center.
- Our March Mission of the Month is Samaritan's Feet. Your $20 donation will purchase one pair of shoes towards our goa of 150 pairs. Text SFUMC to 77977 to give, or note MOM in the memo of your check.

HIGHLIGHTS THIS WEEK

13 — **Tuesday, 7 a.m.**
Higgins Men's Bible Study
Studying the Book of Acts

14 — **Wednesday, 9:30 a.m.**
Women's Bible Study
Unbinding Your Heart

14 — **Wednesday, 11:30 a.m.**
S.A.G.E.S.

14 — **Wednesday, 4:30 - 8 p.m.**
Ignite Activities
Dinner — Choir — Worship

15 — **Thursday**
United Methodist Women Circles
10 a.m.-Sarah; 7 p.m.-Nancy, Rebecca

Easter Egg-Stravaganza!

Saturday, March 24
10 a.m. - 12 p.m. — Free!

Your help is needed to make this event happen. Sign up at the Information Center.

CONNECT @ FIRST

Mold Me... ...Make Me Women's Retreat

April 27-29, 2018
Lake Poinsett Retreat Center

Early Bird - $125 until April 8
$150 after April 8
Pick up a registration form at the Information Center.

GROW @ FIRST

Holy Week — Mar 26 - Apr 1

UNBINDING *your* HEART

Holy Monday and Tuesday 12 p.m. and 6:30 p.m. — Chapel
Holy Wednesday *"The Road to Resurrection"* — 6 p.m.
Maundy Thursday 12 p.m. and 6:30 p.m. — Sanctuary
Good Friday 12 p.m. and 6:30 p.m. — Sanctuary

Easter Sunday
6:30 a.m. — Sunrise Service at Falls Park
8:30 a.m. — Traditional Worship
9:45 a.m. — Unity Worship
11 a.m. — The Light

WORSHIP @ FIRST

Mayday 4 Sioux Falls

Sunday, May 6, 1-4 p.m.
maydaysiouxfalls.org

More locations have been added!
Be one of the 500 who join together to make a difference in Sioux Falls. Sign up in the main hallway or at maydaysiouxfalls.org.

Contact Lynne Jones @ 336-3652 or jonesl@sfumc.org.

SERVE @ FIRST

CONTACT THE CHURCH OFFICE FOR MORE INFORMATION — 605.336.3652

Bob Ruedebusch
Senior Pastor
pastorbob@sfumc.org

Taylor Johnson
Worship Pastor
johnsont@sfumc.org

Bill Schmeling
Minister of Pastoral Care
pastorbill@sfumc.org

Andrea Johnson
Minister of Children, Youth & Family
johnsona@sfumc.org

Serve @ First Opportunities

- ***Nightwatch*** | Every Sunday, 9-10 a.m., contact Bre at whiteb@sfumc.org or the Information Center
- ***The Banquet*** | Downtown: 3rd Tuesday, 6:30-8 a.m., contact Gary Healy at ghealy6@sio.midco.net
  West: 4th Tuesday, 5:15-8 p.m., contact Lynne Jones at jonesl@sfumc.org
- ***Habitat for Humanity*** | 2nd Saturday, 8-11:30 a.m., contact Doug Cleveringa at dougandamy@alliancecom.net
- ***Mission of the Month*** | Samaritan's Feet: Text SFUMC to 77977 to give, or note MOM in the memo of your check